Curves

66% discount!

Curves of Benton Township and Bridgman are offering the State of Michigan employees a 66% discount off their one time service fee.



Curves offers women an atmosphere where they can feel comfortable, as well as the ability to do a complete cardio-vascular and strength-building workout in about 30 minutes. Spend another 5-10 minutes stretching out and you're good to go. Just three times a week can help build and maintain muscle strength and help with weight loss.

Curves Benton Township 1040 B East Napier Avenue Benton Harbor, MI. 49022

Ph: (269) 934-7978 Fax: (269) 934-8028 Curves Bridgman 9553 Red Arrow Highway Bridgman, MI. 49106 Ph: (269) 465-6266

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